

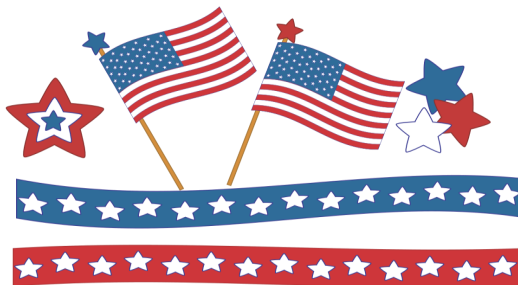
JULY 2016

STAFF

Carie Dick—Director
Bev Hinkle—Assistant Director
Cheri Brosmer—Receptionist

VAN DRIVERS

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Bernie Schaeffer




ARNOLD F. HABIG COMMUNITY CENTER

OLDER AMERICANS

1301 St. Charles Street, Jasper, IN 47546

Phone: 812-482-4455

Web Site: www.jasperindiana.gov

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 8:30 Mah Jongg 10:00 Singing Seniors 12:30 Hand & Foot 3:00 Money Due Ellis Park	2
3 Center Open 1-4	4 CLOSED 4TH OF JULY!!! 	5 11:15 Blood Pressure Checks 12:00 BINGO	6 7:30 Sign Up Patti's 9-10:30 Free Computer Assistance 11:00 Water Aerobics 12:30 Mah Jongg 12:30 Dominoes	7 9:00 Exercise Class 9:45 Exercise Class 12:30 Cinch Tourney 3:00 RSVP Lunch Bunch	8 8:30 Mah Jongg 10:00 Singing Seniors 12:30 Golf 3:00 RSVP Catered Meal 3:00 Money Due Reds Game	9
10 Center Open 1-4	11 9:00 Exercise Class 9:45 Exercise Class 11:00 Water Aerobics 12:30 Hearts	12 12:30 Scrabble 12:30 Tripoley	13 9-10:30 Free Computer Assistance 11:00 Water Aerobics 11:00 Lunch Bunch 12:30 Mah Jongg 12:30 Phase 10	14 9:00 Exercise Class 9:45 Exercise Class 12:30 Rum Tourney 12:30 Book Club	15 8:30 Mah Jongg 10:00 Singing Seniors at Brookside Village 12:30 Pay Me 3:00 RSVP Boomerama	16
17 Center Open 1-4	18 9:00 Exercise Class 9:45 Exercise Class 11:00 Water Aerobics 12:00 Boomerama 12:30 Dominoes	19 11:15 Blood Pressure Checks 12:00 BINGO	20 9-10:30 Free Computer Assistance 11:00 Water Aerobics 12:30 Mah Jongg 12:30 Golf	21 9:00 Exercise Class 9:45 Exercise Class 12:30 Sheephead Tourney 12:30 Hand & Foot	22 8:30 Mah Jongg 10:00 Singing Seniors 12:30 Hearts	23
24 Center Open 1-4	25 9:00 Exercise Class 9:45 Exercise Class 11:00 Water Aerobics 12:30 Texas Holdem	26 12:00 Catered Meal 12:30 Pay Me 12:30 Scrabble	27 9-10:30 Free Computer Assistance 11:00 Water Aerobics 12:30 Mah Jongg 12:30 Tripoley	28 9:00 Exercise Class 9:45 Exercise Class 12:30 Euchre Tourney 3:00 Money Due Patti's Trip	29 8:30 Mah Jongg 10:00 Singing Seniors 11:00 Leave JHS for Ellis Park	30
31 Center Open 1-4						

JULY HOMEBOUND 2016

THANK YOU FOR YOUR DONATION. PLEASE ASK THE DELIVERER FOR DONATION ENVELOPES WHEN YOU RUN OUT.

Dubois, Daviess, Martin, Pike, GENERATIONS NUTRITION, Menu subject to change without notice. Meals served with milk and margarine. Phone number for meals (812)367-2990

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Chef Salad Hard Boiled Eggs Mandarin Oranges Honey Bun Crackers/Dressing	2
3	4 CLOSED HAPPY 4TH OF JULY	5 Parmesan Chicken Yam Patties Winter Blend Vegetables Grape Juice Wheat Bread	6 Salisbury Steak/Gravy Mashed Potatoes Green Beans Pudding Wheat Bread	7 Chicken & Dumplings Brussel Sprouts Carrots Raisins Wheat Bread	8 Cheese Omelet Stewed Tomatoes Hashbrowns Orange Juice Wheat Bread	9
10	11 Hot Dog Baked Beans Sauerkraut Pineapple Bun	12 Smokey Riblets Corn Broccoli Granola Bar Wheat Bread	13 Chicken/Gravy Mashed Potatoes Green Beans Cranberry Juice Wheat Bread	14 Breakfast Bake Hot Apples Biscuits Cookie Wheat Bread	15 Chicken Salad Peaches Three Bean Medley Potato Chips Wheat Bread	16
17	18 Country Fried St/Gravy Mashed Potatoes Vegetable Blend Mandarin Oranges Wheat Bread	19 Breaded Cod Mixed Vegetables Diced Potatoes Grandma's Cookies Bun	20 Chili Hot Applesauce Crackers PBJ Sandwich	21 Beef Stew Corn Biscuits Fruit	22 Teriyaki Chicken Sliced Potatoes Butter Beans Pears Wheat Bread	23
24	25 Meatloaf Mashed Potatoes Corn Cookie Wheat Bread	26 BBQ Chicken Winter Blend Vegetables Cheese Potatoes Grape Juice Wheat Bread	27 Lasagna Roll Up Green Beans Spiced Peaches Wheat Bread	28 Sausage Gravy Hash Browns Biscuits Orange Juice Cookie	29 Ham & Beans Cornbread Peas & Carrots Oatmeal Pie	30
31						

**AVAILABLE DAILY
AT THE CENTER**

- **WALKING:** In climate-controlled banquet room, twenty-five (25) laps equals a mile. Monday - Friday from 8 a.m. until 3:45p.m.



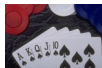
- **OUTSIDE WALKING TRAIL:** Each lap equals 1/3 Mile. It is a good path for exercise and you can enjoy the warm weather as you walk.



- **FITNESS ROOM:** Open for your convenience Monday – Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)



- **CARDS:** Card tables available for your use on a daily basis.



- **BILLIARDS/POOL :** Pool tables are available Monday, Tuesday, Thursday & Friday from 8 a.m. to 3:45 p.m. and Wednesdays from 1 to 3:45 p.m.



**RAINBOW MESSENGER
JULY, 2016**

- **COMPUTER LAB:** The computer lab is available for your personal use daily. Ryan is here to assist you every Wednesday from 9-10:30 a.m. to answer your questions regarding computers. We also have wireless internet if you have questions about your laptop, Kindle or Ipad.



REGULAR SCHEDULED ACTIVITIES

- **TLC CLASS (Tender Loving Crafts)** Betty Hoffman craft coordinator and the other crafters would love for you to join the T.L.C. craft class that meets every **Tuesday morning from 10 to 12.** Come in and see the well equipped arts & crafts room filled with your choice of ceramics, decoupage, jewelry, water color, decals, wreaths, stencil art and much more! The small studio fee is \$3.00 per session and class participants may purchase project supplies at 50% off cost. Class is fun and a great way to make new friends. **Craft class has been cancelled for the month of July.**



- **SINGING SENIORS:** Meet Friday mornings at 10 a.m. at the Habig Center. They will be singing at Brookside Village on Friday, July 15th at 10:00 am.



- **BINGO:** We will play at **12 p.m.** on **Tuesday, July 5th and July 19th.** We ask you to keep bills to \$5's and under as we pay out 100% and do not have change. Cost is \$1.00 per card to play all 50 games and \$.25 to play in the two special games. Someone will be in the Banquet Room to collect money beginning at 11:30 a.m. *****You may want to bring a sweater or jacket, it sometimes gets cool.**

B I N G O									
7	25	44	57	62					
15	22	40	50	70					
11	30	FREE	46	74					
2	28	37	55	68					
10	27	39	59	75					



- **BLOOD PRESSURE CHECKS:** Will be available in the Banquet Room starting at **11:15 a.m. on Tuesday, July 5th and July 19th.**
- **EXERCISE CLASS:** Every **Monday and Thursday morning at 9 a.m.** in the Banquet Room. The exercises are designed to help keep your joints limber. Start your day off with some fun and get health benefits too!

- **EXERCISE CLASS** For more of a challenge, come in at **9:45 a.m. on Monday and Thursday mornings** for a group exercise. It is a great way to get your heart pumping. A staff member is with the group and will help guide you as you go at your own pace.



CARD TOURNEYS



- **Thursday, July 7th**
Cinch Tourney
- **Thursday, July 14th**
Rum Tourney
- **Thursday, July 21st**
Sheephead Tourney
- **Thursday, July 28th**
Euchre Tourney

Tourneys begin at 12:30 p.m. Entry fee is \$1.00 and paid back to the 1st, 2nd & 3rd place. **Please sign-up by 10:00 a.m.** the morning of the Tourney you are playing in.

- **TEXAS HOLDEM**: Will be played **Monday, July 25th at 12:30 p.m.** There is a \$1.00 charge for the chips and the winner receives the cash prize. **Reservations are due by 10 a.m. the morning you play.**
- **DOMINOES**: The Mexican Train version will be played at **12:30 p.m. on Wednesday, July 6th and Monday, July 18th.** It is a fun game that is easy to learn. Everyone is welcome! **Please call in by 10 a.m. if you are coming in to play.**

RAINBOW MESSENGER

- **PAY-ME**: A game similar to Rum but played with 3 decks of cards, including the jokers will be played at **12:30 p.m. Friday, July 15th and Tuesday, July 26th.** **Please call in by 10 a.m. if you are coming in to play.**

- **TRIPOLEY**: Bring your pennies to play Tripoley at **12:30 p.m. on Tuesday, July 12th and Wednesday, July 27th.** We have a lot of fun! **Please call in by 10 a.m. if you are coming to play.**



- **SCRABBLE**: How about a little challenge? Come in to play Scrabble at **12:30 p.m. on Tuesday, July 12th and 26th.** **Please call in by 10 a.m. if you are coming to play.**
- **PHASE-10**: Will be played **Wednesday, July 13th at 12:30 p.m.** It is a fun easy card game, **Please call in by 10:00 a.m. if you are coming to play.**
- **HEARTS**: We will play at **12:30 p.m. on Monday, July 11th and Friday, July 22nd.** This game is easy to learn and very enjoyable. **Please call in by 10:00 a.m. if you are coming to play.**

- **GOLF**: The card game will be played **Friday, July 8th and Wednesday, July 20th at 12:30 p.m.** Four to six players can play before adding another deck. Low score wins the game. If you've played it before come in and join the fun, if this is your first time I'm sure you'll enjoy playing. **Please call in by 10:00 a.m. if you are coming to play.**

- **HAND AND FOOT**: A 2 handed, game of Hand and Foot Canasta. It's played individually with 1 deck per person plus 1 extra deck and all jokers. Join us **Friday, July 1st and Thursday, July 21st at 12:30 p.m.** **Please call in by 10:00 a.m. if you are coming to play.**

- **PUZZLES**: We have one on the table for anyone who would like to help. Put a few pieces together in passing or sit for awhile.

- **MAH JONGG**: Originated in China and is played with tiles similar to dominoes. The object of the game is to place tiles into combinations that make a "hand". Its concept is similar to Gin Rummy. Games are played on **Wednesdays at 12:30 p.m. and Fridays at 8:30 a.m.** **If you can play on Wednesday, please call in by 10 a.m. to let us know.** New players welcome.

RAINBOW MESSENGER

SPECIAL ACTIVITIES

ALL TRIPS AND ACTIVITIES ARE ONLY FOR DUBOIS COUNTY RESIDENTS 55 YEARS AND OLDER. WHEN SIGNING UP FOR TRIPS, ONLY 4 INDIVIDUALS PER SIGN UP.

- **LUNCH BUNCH:** Join us at Ohana's on Wednesday, July 13th at 11:00 a.m. They have a lunch menu with sandwiches and salads or choose from their regular menu or sushi. As always the meal is "dutch treat". Reservations are due by 3:00 p.m. Thursday, July 7th. Come enjoy good food and visit with friends.



CATERED MEAL: Join us for a picnic in the banquet room. The meal will be catered by Sander Catering on Tuesday, July 26th at 12:00. The menu will be: Fried Chicken, American Potato Salad, Baked Beans, Glazed Carrots, Sweet & Sour Tomatoes, Bread & Butter, Punch & Pour Cake, and Unsweetened Iced Tea. Cost of the meal will be \$8.50 payable at the meal. Reservations are due to the Center by 3:00 p.m. on Friday, July 8th.

BOOMERAMA: Will be held Monday, July 18th at 12:00. The speaker will be Toni Matthewson. She is with Trilogy and her topic will be Care, Compassion, and Concern. There is a \$5.00 charge to cover the cost of the optional lunch. Reservations are due by 3:00 p.m. on Friday, July 15th.

- **BOOK CLUB:** On Thursday, July 14th at 12:30 p.m. We will be discussing "Ordinary Grace" by William Kent Krueger. The August book will be "Those Who Save Us" by Jenna Blum. This book is a combination of a doomed love story, memories of life during World War II and a mother daughter drama. Come in and give us your opinion of the book. New members are always welcome. (Meet in the library at the Center)



- **WATER AEROBICS:** Jasper Municipal Pool every Monday & Wednesday morning at 11 a.m. The cost of the 45 minute class is \$4.00 per person, or a swim ticket.



- **BIRTHDAY & ANNIVERSARY:**

We will no longer be publishing birthday and anniversaries in the newsletter. If you would like your birthday and/or anniversary to appear on the bulletin board at the Center, please let the staff know the month and day. Thank you!!

- **BOOK SHELF:** The books have been moved downstairs to The Habig Room. Thanks to the generosity of so many, we have a great selection of books for you to borrow.



- **SUNDAYS:** The Center is open from 1:00 to 4:00 p.m. for your enjoyment. We appreciate the volunteers who make this possible. If you would like to volunteer to open The Center on Sundays, call and we will add you to the list.

- Free beginner and intermediate bridge lessons. Call Cindy Kluemper at (812)482-3299 or Mary Ann Seng at (812)482-1101

TRIPS

****There is a \$25.00 charge for all returned checks****

NOTICE

Our trips will be leaving from the southwest corner of the front parking lot at the Jasper High School for our June and July trips. This is the lot closest to the woods. We will move back to the Armory starting with the August Trip.

ELLIS PARK TRIP Friday, July 29th

There are a few seats still available for the Ellis Park trip on Friday, July 29th. We will leave from the Jasper High School parking lot at 11:00 a.m., with pickup at the Huntingburg Methodist Church at 11:15 upon request. Cost of the trip is \$56.25 and includes transportation, buffet, race schedule, and reserved seating in the air conditioned Sky Theatre. Money is due to the center by 3:00 on Friday, July 1st.

CINCINNATI REDS GAME Thursday, August 4th

On Thursday, August 4th, we are going to see the Cincinnati Reds take on the St. Louis Cardinals at the Great American Ball Park. The game starts at 12:45. The bus will leave the Jasper Armory at 7:45 a.m. Food will be on your own and a stop will be made in Corydon on the way home as we have in the past. Sign ups were Friday, June 24th. Money is due to the center by 3:00 on Friday, July 8th.

PATTI'S RESTAURANT AND BADGETT PLAYHOUSE Friday, August 26th

On Friday, August 26th, join us on our trip to Patti's Restaurant and Badgett Playhouse. We will leave from the Jasper Armory at 8:00 a.m. with pickup at Huntingburg Methodist Church upon request. We will eat lunch at Patti's with your choice of a 1 inch thick grilled pork chop, grilled chicken breast or grilled chicken salad. They no longer offer the Aloha Chicken salad. Then on to see "The Sounds of Memphis", a show with Rock & Roll, Blues, Soul and music from a young man from Tupelo who was called "The King". Cost of the trip will be \$90.00, which includes transportation, meal and the theatre ticket. Sign ups start, by phone, at 7:30 a.m. on Wednesday, July 6th. Money for the trip is due to the center by 3:00 p.m., Thursday, July 28.

FUTURE TRIPS PLANNED:

Derby Dinner Playhouse in September

Covered Bridge Festival in October

Casino trip in November

Derby Dinner Christmas Show in December



Recipe Exchange

GRANDS! UNSLOPPY JOES

Ingredients:

- 1 pound lean ground beef, cooked, drained
- 1 can (15 oz) sloppy joe sauce
- 1 teaspoon chili powder
- 1 can (16.3 oz) Pillsbury Grands refrigerated biscuits
- 1/2 cup shredded cheddar cheese (2 oz)

Directions: Heat oven to 375 degrees. In a large skillet, cook ground beef over medium-high heat until beef is thoroughly cooked, stirring frequently; drain. Stir in sauce and chilli powder; simmer 5 minutes. Press each biscuit into 6-inch round. Spoon 1/3 cup meat mixture and about 1 tablespoon cheese onto center of each round. Fold dough in half over filling; press to seal. Place on ungreased cookie sheet. Bake 9 to 14 minutes or until golden brown.

Recipe from Pillsbury.com.

Have a good recipe to share? We would be happy to publish it.

HUNTINGBURG SENIOR CENTER

JULY, 2016

Call the Center at 683-2994 to make reservations for the Card Tourneys held at 12:30 p.m. on **Mondays**. You will enjoy the day!!



There will be Bingo all 4 Wednesdays in July



There are over 400 books on hand for your reading pleasure including: love, inspirational and suspenseful books plus books by authors: Zane Grey, John Grisham, James Patterson, Mary Higgins Clark, Sidney Sheldon, Danielle Steel, Fern Michaels and others



The Huntingburg Senior Center now has games and activities available for those who don't play cards.

Battleship	Boggle	Skip-Bo
Chinese Checkers	Dominoes	Uno
Mastermind	Monopoly	Sorry
Rummikub	Left, Right, Center	
Yahtzee	Puzzle books	
Sudoku	Left, Right	

Deer in the Headlights - A card & dice game. Several have learned to play this and really enjoy it.

Boggle - A word game using scrambled letters and a timer.

Electronic dart board & a mini 9-hole golf to practice your putting skills.

****We have games scheduled for most days but you are free to do what ever interests you. You do not have to play the game of the day.****

Puzzle: We have one started, come in and help put it together!



We are working on a cookbook. If you have recipes to share, contact Rita at the center.

CARRY-IN LUNCH

Thursday, July 14 and July 28. Enjoy a delicious lunch with friends followed by cards & games if you choose to stay. Please bring a favorite dish to share. Bring a friend!



**** Get your Blood Pressure Checked****

**Wednesday, July 13th from
12:30 - 1:00 p.m.**

Join THE SENIOR FUN GROUP every Tuesday and Friday at 1:00 at Breakway Lanes, 104 E 13th Street, Huntingburg. Bowl 3 games for \$7.35 plus cost of shoes.

Free coffee and popcorn.



We now have games to play in the park:

Ladder Ball (Hillbilly Golf)

Washers

Croquet

Corn Hole

Horseshoes

Mini Golf

Come check them out Tuesdays, July 12 and 26 from 9:00 to 11:00 a.m. at the East shelter house at City Park.



JULY BIRTHDAYS


Rich Kane

July 1

JULY 2016



HUNTINGBURG SENIOR CENTER
309 N Geiger St
Huntingburg IN 47542
812-683-2994
Rita: 812-309-9576

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 1:00 Bowling	2
3	4  Happy 4th of July! Center Closed	5 1:00 Bowling	6 10:00 Dominoes 1:00 Bingo Sponsor: HLS 2:00 Cards & Games	7 10:00 Crafts w/Michelle 1:00 Cards & Games	8 1:00 Bowling	9
10	11 12:30 Euchre Tourney	12 9 to 11 Games in Park 1:00 Bowling	13 12:30 Blood Pressure Checks 1:00 Bingo Sponsor: The Timbers 2:00 Cards & Games	14 12:00 Carry-In Lunch Sponsor: St Charles 1:00 Cards & Games	15 1:00 Bowling	16
17	18 12:30 Cinch Tourney Sponsor: Northwood	19 1:00 Bowling 5:30 Meal in Park and Bombers Game *	20 10:00 Sorry 1:00 Bingo Sponsor: Scenic Hills 2:00 Cards & Games	21 10:00 Crafts w/Michelle 1:00 Cards & Games	22 1:00 Bowling	23
24	25 12:30 Euchre Tourney Sponsor: Willowdale	26 9 to 11 Games in Park 1:00 Bowling	27 10:00 Deer in the Headlights 1:00 Bingo Sponsor: The Waters 2:00 Cards & Games	28 12:00 Carry-In Lunch 1:00 Cards & Games	29 1:00 Bowling	30
31						